

# SHUMAS VOCATIONAL REHABILITATION CENTER

Training and supporting people with special needs

# 2017

## PROSPECTUS



### CONTACTS

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## OVERVIEW

Strategic Humanitarian Services (SHUMAS) Cameroon is a locally based non profit development organization with its head office located in mile six Nkwen Bamenda. SHUMAS is focused on Integrated Sustainable Rural Development, with the aim to support the action of the Cameroon government to improve lives, reduce poverty and empower people to realize the fullest of their potentials without limiting posterity from meeting theirs. We strongly believe that isolated actions can not lead to any meaningful development. In consequence, we have adopted an integrated sustainable rural development strategy, which is realized through a series of programs. These include inter alia; • Agriculture • women empowerment Program • Health program • water and sanitation program • Environmental management and protection program • Education program • Social welfare program • Volunteering program

Our approach is participatory. We work hand in gloves with the communities, so that they can gain full ownership of the project after our intervention. SHUMAS also adopts a non-discriminatory policy. We assist everyone regardless of their religious orientation, tribe, gender, age, ethnic origin or disability.

## 1. THE SHUMAS VOCATIONAL REHABILITATION CENTER

In the social welfare program we are running two projects namely the Janet Clark mental clinic in Douala and the SHUMAS Vocational Rehabilitation Center. In this document our focus is the Vocational Rehabilitation center which is a center that aims at training and supporting persons with special needs (Physical disability). The center was created in year 2009 and has been functioning successfully.

## 2. GOAL

The overall goal of this program is to promote the welfare of people with special need (physical disability), by empowering them economically through training in various life skills and material support upon completion.

## 3. OBJECTIVES

3.1. Training disabled people in self reliant life skills, so that they will be able to carry out economic activities which can enhance their self esteem and enable them to be part of the mainstream of the development of their communities.

3.2. Provide startup capital to graduates to enable an effective integration in their various communities.

3.3. Training them in basic management, communication and leadership skills.

3.4. Continuous monitoring and evaluation of graduates for some years for any possible back filling.

## 4. ACTIVITIES:

The Center located at the SHUMAS head office building at mile 6 Nkwen, a few meters from the Council check point, is comparatively adapted to the following Training Workshops for Life Skills:

1. Knitting
2. Sewing
3. Traditional Embroidery
4. Shoe Mending/Making
5. Craft and Traditional Jewelry
6. Cane Weaving
7. Hair dressing
8. Live stock farming (Poultry and Piggery)

As aforementioned, our trainees receive lessons in: -Basic Management and Record Keeping skills. -Basic English/communication skills.

All our Workshops are well furnished and accessible to all physically disabled persons, with a team of qualified and experienced Trainers.

#### **5. WHO CAN PARTICIPATE?**

- 5.1. Nature of disability: We receive and train people with disabilities like the deaf, dumb, the blind, the lame and those with slight mental retardation.
- 5.2. Age: Those with special needs who are between the ages of 15 – 40.
- 5.3. Commitment: We work with people with all types of disability, who are capable of concentrating and who can be fully committed to the training exercise.

#### **6. 1. TRAINING CONDITIONS**

a) All trainees recruited are observed for at least three months, to see their capacity to cope before being finally admitted into the center. b) All trainees are expected to present a legal guardian before they can be fully admitted in the center. c) The training is free of charge. d) Startup materials are given to trainees who train successful upon graduation. 6.2. Medical fees: There will be an obligatory medical fee of 5000 Frs. /year which will be refunded if not used and added if exhausted by the trainee.

**6.3. Lodging:** We have a modern two apartment dormitory with a capacity of 24, which will lodge trainees who come from far away and some around town who find it difficult to get transportation to the center. All trainees staying out of the center are responsible for their lodging, feeding, transportation and other personal needs. The training is free, but all trainees lodged at the center will be expected to pay a monthly fee of 10,000 FRs. This fee takes care of their boarding and feeding. This sum amounts to 100,000frs/year. .

**6.5. Duration: Training is expected to last for at least two years.**

6.6. Training capacity: The center has a training capacity of 30 trainees for the seven workshops that are functional at the moment. 6.7. Parents teachers association: We also expect the participation of the parents of trainees personally through PTA meetings during which we express the problems and difficulties experienced, during the successful training process. 6.8. Feeding: All trainees in the center both boarding and non-boarders are expected to pay a feeding fee of 3300frs/month. The center has a kitchen and a refectory at the disposal of the trainees, but trainees are expected to bring their plate and cutlery for personal use. 7. Training periods/holidays: We will hence forth follow a calendar almost similar to the normal school calendar. This means that the training will be offered into three blocks which will be: There will be only one outing and visiting day once in each term.

**BLOCK DURATION BREAK**

Block	Duration	Break
One	April – June	July – August
Two	September – December	December- January
Three	January – March	March -April

**UNIFORMS:**

There are three types of uniforms: • The daily wear which is a green shirt and black skirt/ trouser. • The overall which is blue in color • An official wear which is an extra pair of a green shirt and black skirt/trouser and a black tie and petticoat. Parents are notified that the official wear will be worn only during outings and other important occasions. Trainees are to bring in only low shoes to minimize accidents and distractions.

**9. DORMITORY REQUIREMENTS:** Trainees lodged in the dormitory will be expected to have the following items:

**9.1. Beddings/toilet needs:** The trainees will bring their personal clothes to wear after training periods, bed sheets, pillow case and blanket not forgetting other personal needs. They are required to bring their own soap for the bathroom and for laundry. Other toilet needs like toilet paper, toothpaste, slippers, comb, sanitary towels, buckets, body lotion etc. are also required. All of these items will be checked by the boarding mistress upon arrival and names should be written on personal needs.

NB: Only trainees who are not dependent on anyone will be admitted. If a dependent trainee is admitted, the guardian will pay an extra fee for a care taker at the center.

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